

HEALTH AND WELLBEING BOARD

MINUTES of the Health and Wellbeing Board held on Thursday 18 July 2024 at 10.00 am at Southwark Council, Ground floor meeting rooms, 160 Tooley Street, London SE1 2QH

- PRESENT:**
- Councillor Evelyn Akoto (Chair)
 - Dr Nancy Kuchemann (Vice-Chair)
 - Toni Ainge - Acting Strategic Director of Environment, Neighbourhoods and Growth, Southwark Council
 - David Quirke-Thornton - Strategic Director of Children's and Adults' Services, Southwark Council
 - Darren Summers - Strategic Director for Integrated Care & Health (NHS South East London)
 - Sangeeta Leahy - Director of Public Health, Southwark Council
 - Alasdair Smith - Director of Children and Families
 - Anood Al-Samerai - Chief Executive, Community Southwark
 - Peter Babudu - Executive Director of Impact on Urban Health, Guy's and St Thomas' Foundation
 - Cassie Buchanan - Southwark Headteachers Representative
 - Louise Dark - Chief Executive for Integrated and Specialist Medicine Clinical Group, Guy's and St Thomas' NHS Foundation Trust
 - Ade Odunlade - Chief Operating Officer, South London & Maudsley NHS Foundation Trust
 - Charlene Young - Chair, Healthwatch Southwark
- OFFICER SUPPORT:**
- Chris Williamson, Assistant Director Place, Partnerships & Intelligence
 - Maria Lugangira, Principal Constitutional Officer

1. WELCOME AND INTRODUCTIONS

The Chair welcomed everyone to the meeting.

2. APOLOGIES

Apologies for absence were received from;

- Councillor Maria Linforth-Hall
- Councillor Jasmin Ali
- Althea Loderick
- Hakeem Osinaike

3. CONFIRMATION OF VOTING MEMBERS

Those listed as present were confirmed as the voting members.

4. DISCLOSURE OF INTERESTS AND DISPENSATIONS

There were none.

5. NOTIFICATION OF ANY ITEMS OF BUSINESS WHICH THE CHAIR URGENT

There were none.

6. MINUTES

RESOLVED - That the minutes of the meeting held on 14 March 2024 were approved as a correct record of the meeting.

7. PUBLIC QUESTION TIME (15 MINUTES)

There were none.

8. JOINT STRATEGIC NEEDS ASSESSMENT (JSNA) ANNUAL REPORT 2024

The Board considered the JSNA Annual Report which provided an update on health and wellbeing in Southwark and an analysis of the boroughs population, along with details of the health inequalities that exist in the borough.

The report further provided an overview of the boroughs changing population and detailed the improvements in health and wellbeing over the last decade. Amongst the key areas of success;

- Life expectancy is comparable to the London and England average.
- Levels of relative deprivation in the borough continue to reduce.
- Child vaccination rates are generally comparable to or better than the London average.
- Key risk factors such as smoking, alcohol and physical inactivity are comparable or better than the national average.
- Preventable mortality has reduced by more than 40% between 2001 and 2022.

Detailed for the Board were also the key challenging areas which included;

- Improvements in life expectancy have stalled, with no notable increase over the last decade. This mirrors regional and national trends.
- Female residents are spending less years in good health. Female healthy life expectancy has reduced by 8.8 years for the 3 years up to 2020.
- The prevalence of long-term conditions such as cancer, chronic kidney disease, mental health & obesity are increasing.
- Poverty is a leading cause of the poor health and premature mortality we see in the borough, and many of our residents live in financial hardship. In 2021/22 over a third of children in the borough were living in poverty after adjusting for housing costs.

In order to try and tackle inequalities in Southwark, key population groups were identified as facing significant health inequalities in not only health outcomes, but also in their access and experiences of services which should be there to support them:

- Asylum Seekers & Refugees
- Black, Asian and minority ethnic groups
- Carers
- LGBTQIA+
- Residents with disabilities
- Rough Sleepers

A number of in-depth projects are recommended for JSNA programme and these included;

- Preventing long-term conditions in later life: This needs assessment will consider the interaction between ageing and the development of long-term conditions and frailty, with a focus on identifying recommendations for local services that serve residents aged 50+ to help reduce and delay the development of long-term conditions and frailty amongst this population.
- Adult Social Care: It is recommended a needs assessment is developed in collaboration with Adult Social Care colleagues to understand the needs and experiences of residents who are accessing, or would benefit from social care.
- Hot Weather: This proposed needs assessment will collate data on the vulnerability of Southwark residents, services and the local built environment to increasing summer temperatures, and draw on best practice from across the UK and beyond to identify adaptations to meet local need and improve resilience.
- Cost of Living: It is proposed that work will be undertaken to monitor the financial pressures and impacts on residents to inform the development of the Anti-Poverty Action Plan.
- Ethnicity Profiles: A series of profiles are proposed to supplement this year's annual report. They will improve more detailed understanding of health & wellbeing inequalities between ethnic groups.

RESOLVED - That The Health and Wellbeing Board;

1. Noted the findings of the Joint Strategic Needs Assessment (JSNA) Annual Report 2024, and agreed to an annual update.
2. Noted the population groups and communities identified with the poorest outcomes.
3. Agreed the Joint Strategic Needs Assessment projects recommended for the coming months.

9. SOUTHWARK 2030 STRATEGY - ENDORSING STRATEGY AND DEVELOPING AN OUTCOMES FRAMEWORK

The Board received a presentation which set out the Southwark 2030 joint ambitions for the borough. These ambitions provide the overarching vision for the Council and its partners.

The presentation detailed the three underlying principles which are structured under six key goals, each associated with 'action areas' that drive the 2030 Strategy.

- Goal 1: Decent homes for all
- Goal 2: A good start in life
- Goal 3: A safer Southwark
- Goal 4: A strong and fair economy
- Goal 5: Staying well
- Goal 6: A healthy environment

Goal 5, 'Staying Well', is more specifically focused on Health and Wellbeing, and is structured by three key action areas:

- Ensure every child and adult can get the mental health support they need when they need it
- Improve the wellbeing of people with long term conditions and disabilities and their carers
- Help more people stay well, reducing the inequalities in health across our community

The above actions align with the existing action plans associated with the Health and Wellbeing Board, namely:

- Partnership Southwark Health and Care Plan
- Southwark Health and Wellbeing Strategy Action Plan
- ICB Joint Forward View 2024/25

The focus on those six goals and action areas will enable the Council and its partners to come together to deliver the Southwark 2030 vision.

RESOLVED - That The Health and Wellbeing Board;

1. Endorsed the Southwark 2030 Strategy.
2. Noted the contents of this report, the presentation on 18 July 2024.

10. HEALTH AND WELLBEING IN LEISURE SERVICES - THE DEVELOPMENT OF A NEW LEISURE STRATEGY

The Board considered the report which provided an overview and background on Leisure services in Southwark. These services comprise a number of front line, operational services that deliver leisure based activities and facilities throughout the borough.

There are currently 7 different strategies and plans which shape their direction of travel of which some are required by statute or London – regional requirements and others are required to ensure the council is well placed to secure external funding and all play a significant role in outlining the focus of the services and the intended outcomes.

The aim of this new strategy is to consolidate those plans into one overarching strategic framework for all leisure services and to not only provide direction for the coming years but more explicitly align to the council's own new strategic framework, as set out in Southwark 2030 and the existing borough's Health and Wellbeing Strategy.

Along with the successful insourcing of the leisure centres in the last year and by bringing them alongside the other leisure services the council already directly operates, this provides a significant new opportunity to maximize the impact leisure services have on the health and wellbeing of our local residents.

Already in place and on offer with current services are a range of activities and targeted interventions which explicitly target health and wellbeing, many in partnership with Public Health team. As part of the strategy development there are now new opportunities to build on the current practice and consider where the strategy;

- Can make better connections between different services.
- Can focus on the wider social determinants of health rather than just physical activity
- Can be more targeted in the development of its offer such as delivering more effectively and narrowing the inequality gap, for example working with Black tri Tribe and the Black swim association to ensure our swimming offer is appropriately targeted and marketed to encourage and enable fuller participation for those people who are currently under represented in the service offer
- Can be even more targeted in its offer to ensure it supports a wider, whole-system approach to prevention and enable cost to be taken out of the system's demand-led and acute service.

RESOLVED - That the Health and Wellbeing Board

1. Noted the ongoing activity in Leisure which is successfully delivering relevant components of the existing Health and Wellbeing Strategy action plan.

11. BETTER CARE FUND PLAN 2023 TO 2025: 2024/25 REFRESH TEMPLATE & 2023/24 MONITORING REPORTS

The Board considered the report which provided in-depth details of the 2024/2025 Better Care Fund Plan Refresh

RESOLVED – That the Health and Wellbeing Board

1. Approved the 2024/25 Better Care Fund (BCF) planning template (appendix 1 of the report).
2. Approved the BCF 2023/24 Quarter 3 return (appendix 2) and the 2023/24 year end return (appendix 3 of the report) submitted to NHSE.
3. Agreed to delegate the approval of future quarterly BCF monitoring returns to the Strategic Director of Children and Adult Services (the Director of Adult Social Services for Southwark) and the Place Executive Lead / Strategic Director for Integrated Health and Care for the ICB and Council.

Meeting ended at 11.57 am